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| **LEAD Catalyst -** Lesson 2: Identifying Values  **Materials Needed**: | |
| **Welcome** | Notebooks, phone, speaker, classroom binder, attendance QR code, iPads, name tags, snacks, drinks, attendance list, markers/pens, clipboards, consent forms, hand sanitizers, masks. |
| **Threes a Crowd** | N/A |
| **Human Knot** | N/A |
| **Identifying Strengths** | Expo markers, pens, notebooks |
| **Cool Down** | Notebooks, glue sticks/tape, magazines, markers, colored pencils, felt, stickers, colored paper, coloring sheets. |

**LEAD Catalyst -** Lesson 2: Identifying Strengths

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| Objectives |
| Participants should be able to   1. Meet new participants. 2. Identify personal strengths and weaknesses and enter their first journal prompt. |

**Welcome Students**

Before students enter...

1. Set up check-in materials at the door. Check-in materials = QR code, iPads, blank attendance sheet, name tags, notebooks, markers/pens, snacks and drinks.
2. Have music playing.

**Coach #1:** Leads check-in by greeting students, having them scan check-in QR code with their phone or iPad, and write nametags at the tables. (In the case of technical difficulties have student’s sign in on blank attendance sheet). Offer them a notebook and snack. Invite them to find a seat wherever they are comfortable.

**Remaining Coaches:** Prepare the room by moving desks/chairs into groups of four-five. As students enter‘Welcome them Back’ and introduce yourself to new folks. You can use talking points below.

* *For new students --* Introduce yourself and get to know them. ‘What is your favorite class in school?’ ‘What grade are you in?’ ‘Do you play any sports, what position do you play?’ ‘Why did you decide to come here today?’ ‘What languages do you speak?’
* *For returning students* -- ‘How was your week?’ ‘How was your weekend?’ ‘What are you looking forward to this week?’ ‘What school events are happening this month?’ ‘Who is your favorite Tick-Tock-er right now? What kind of content do they post?’

**Materials needed:** Notebooks, phone, speaker, clipboards, QR code, iPads, student attendance lists printed out, name tags, stickers, markers/pens, sticky notes, snack, drink.

**STUDY HALL:**

**We’ve struggled with this at other school sites...let’s ask the students about their academics, what subjects they’re struggling in or would like more help? Can they bring their homework?**

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**ICE BREAKER: Threes a Crowd – 15 min**

Participants will learn what they have in common with different groups of people. This game will be played outside.

**Lead Coach** (15 minutes)

1. Welcome new folks and Welcome Back returning Leaders.
2. Introduce the game. ‘Let’s start our day right by taking it outside and getting to know more people.’
3. Once outside and explain the instructions as follows:
   1. Leader instructs students to get into groups of three with people that they don’t know well.
   2. You have 3 minutes to race the other teams to find something that all three of you have in common. Once you have found something in common, you have to sit down and yell
   3. Do a test run…. If there is too much confusion, we will simplify the game and ask students to find 3 people with same eye color, or height for example.
   4. Give students 20 seconds to find a new group and repeat.

**Other coaches:** Participate!

1. Set a timer for three minutes.
2. Groups have three minutes to find something they have in common.
3. Once a group has found something they shout “We got it!”
4. Once a group shouts “We got it!” Ask the group to share what they have in common.
5. Give students 20 seconds to find a new group and repeat.
6. Closing. ‘Well, that was interesting! Who knew there were so many water polo lovers in the group (use an example from the activity).”
7. Initiate transition**, we will be separating into boy group and girl group for human knot.**

**TOPIC: Height, eye color, family size, age, classes at school, grade, year moved to America**

**Human Knot – 15 min**

* + - 1. Separate students into a boys group and a girls group.
         1. Split into groups of 5 or more

**Lead Coach:**

We’re going to play the human knot game! Form a circle with your teams, and come up with a team name!

**Assistant Coaches:** Help show as an example!

Students must reach across the circle and link hands with another teammate.

Rules: You cannot grab the hand of the teammate next to you, OR be holding one teammates hands.

Make it more difficult? Tell the students to move over and under other peoples arms to make a bigger KNOT!

We will play 2 rounds with the four groups, and then one big round of girls vs. boys!

Other coaches: PARTICIPATE!

*Transition:*

* Head back to classroom, (5 min break) offer students to go get water, go to the bathroom
* Ask follow up questions:
  + What was difficult?
    - How did you communicate?
    - What was something you learned?
    - Did anyone in your group show leadership? Or took charge?

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**Identifying our strengths: 20 min**

**Assistant Coaches:**

1. Pass out pens/markers and paper of strengths with their corresponding home language
2. Help settle everyone down into the lesson and listen to lead coach

Lead Coach:

1. Write ‘Strengths’ on the board... “Can anyone tell me what strength means?”....”Is strength a skill?” What is a skill? Something we are good at? On the paper in front of you, there is a list of strengths... take a couple minutes and use highlight with a marker your TOP 5 strengths”
2. Now! Using a pen, circle 3 weaknesses!”
3. We will be doing our first journal prompt! Write in your journals your top 5 strengths, as well as the 3 weaknesses…
4. Coaches, at your tables, help each student walk through selecting their strengths and weaknesses.
   1. Additional questions will be written on the board for the students to reflect on. They can write in their home languages.

**Assistant Coaches:**

* Feel free to pop in and ask questions with the leads!
* Contribute with your strengths and weaknesses!!

If time allows, we will be decorating our notebooks… for those that don’t want to do this, we will have table games (Connect Four, Jenga, etc.)

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**Closing: 4:55pm**

No school next week!

We will see you next week, same time same place!

**Coaches:** Begin cleaning the room, and moving desks back to where they were if needed.